A. REQUIREMENTS TO TAKE COMMISSION:
   1. Candidate should be at least 16 years of age and hold a valid # 1 International Team and Solo Dance Commission.
   2. Should have passed 7th International Team or Solo Dance Test.
   3. Must be willing to commit the time to attend all training sessions and to study the material assigned.
   4. Should know the steps and be able to skate thru the dances on the tests 7-9 of the International Team and Solo Dance Achievement tests.

B. SUPPLIES NEEDED:
   1. Current edition of “USA-RS Dance Book”
   2. Current edition of “RSA Achievement Test Booklet”
   3. Lobe guide for drawing dances
   4. Notebook – 8 ½” x 11” – 3 ring

C. GENERAL INFORMATION ABOUT TRAINING SESSIONS
   1. In order to be eligible for the # 2 International Team or Solo Dance Commission, a candidate must be present for all sessions and complete the work satisfactorily. Each meeting will consist of discussions on dance skating and judging, reviewing questions from previous meetings and short quizzes. There will be ‘home work’ assignments and it will be necessary for each candidate to study between meetings. A Panel Trainer may need to charge a fee to cover the cost of the printed material given out during the training.
   2. Upon completion of the training classes the candidate’s performance in meetings, his basic knowledge, mock judging results and quizzes will be reviewed and evaluated by the person training the section, the Panel Chairman, and the Panel Advisor. If this group finds the candidates qualified the application for the RSA Commission will be given to the candidate. If the committee feels the candidate needs additional time to study and gain more experience, it will be recommended that the candidate repeat the training sessions at a later date.
   3. The RSA Commission Exam is a CLOSED BOOK SUPERVISED exam that will be graded by the RSA National Office. A Test Fee may be required.
   4. The candidate will need to learn the Integer Scoring System. This is the official system for grading the various elements of test and competitive skating utilizing whole numbers from 0 to 100. You will need to know what each level means.
   5. The candidate will need to know the following information about each of the tests covered by this commission:
      a) Dances in order they are skated
      b) Passing scores required for each test
      c) Minimum mark for each dance
      d) Fee required
RSA TRAINING GUIDE
# 2 INTERNATIONAL TEAM & SOLO DANCE COMMISSION
INTL 2D-S1
R-9-13

SESSION 1

TOPICS TO BE COVERED

A. Review of the principles of International Dance and judging criteria.

B. Basics – two major categories are judged in every dance:
   1. Rhythm – consists of timing, expression and unison (in competitive skating)
   2. Execution – consists of form, accuracy and placement of the dance

C. Review definitions of terms used in the major categories of judging and other important basics of judging.

   Timing                           Posture Baseline                           Placement
   Expression                       Types of edges                             Axis
   Form                             Center & Barrier Lobes                   Accuracy

D. Discuss music used for dance skating and how to check to see if the tempo is correct. (For more detailed information, see the USA-RS American Dance Book)

E. Review International Dance terms

F. Distribute study guide for Fiesta Tango and International 14 Step (CIPA JR WC)

G. Quiz

ASSIGNMENT FOR NEXT MEETING

1. Review the following sections of the #1 International Dance Book:
   a) Judging International Roller Dance
   b) Dance Positions
   c) Notes on Dance Diagrams
   d) Philosophy of International Dance Skating

2. Study the Fiesta Tango and International 14 Step (CIPA JR WC)

3. Review International Dance Terms

4. Be sure you know the steps to the dances covered by the commission. If you do not know the dances, it is suggested you try lessons from a coach either on skates or off skates.
RSA TRAINING GUIDE
# 2 INTERNATIONAL TEAM & SOLO DANCE COMMISSION

NAME: ________________________________________

Identify the following abbreviations used in Dance Diagrams:

B _________________________ Moh _______________________ Bar ____________________
R _________________________ C-E _______________________ BTP _____________________
3 _________________________ XB ________________________ DC _____________________
RC _______________________ CCw _______________________ F ______________________
Cho _______________________ SDC _______________________ XF _____________________

Fill in the Terms Below

1. ________________ A one-foot turn from an edge to an opposite edge, with the rotation in the direction of the initial edge and with the cusp inside the circle.

2. ________________ Rotation of one partner while the other continues in the initial direction.

3. ________________ A turn of which the concluding edge is held less than one beat of music, with the next succeeding step occurring on the first beat of music after the turn.

4. ________________ A turn without the change of feet.

5. ________________ A two-foot turn from an edge to a similar edge involving a change of direction.

6. ________________ A circular motion of the torso in a horizontal plane. A movement of the torso around the posture baseline.

7. ________________ A two-foot turn from an IF to IB edge with the free leg held behind the body for two beats after the turn.

8. ________________ The rotation of partners at the same time around the same team posture baseline.

9. ________________ A two-foot turn from an edge to an opposite edge involving a change of direction.

10. _____________ A turn with the free leg in front of the body after the turn.

11. ________________ A one-foot turn without a change of edge with the rotation counter to the direction of the initial edge.

12. ________________ A turn with the free leg behind the body after the lean.

13. ________________ A turn of which the concluding edge is held longer than one beat of music.

14. ________________ A Turn produced with both feet by changing from one foot to the other.
1. The Fiesta Tango uses the __________ and________ holds. The music is a ______ using ______ beats per minute.

2. What position are the skaters in to start the dance?

3. Is this pattern symmetrical like the Siesta Tango?

4. What type of turn is executed on steps # 5 and # 10?

5. How should step # 8 be executed?

6. Steps # 1 and # 2 are what type of stroke?

7. What type of step is step 6A and where should it be aimed?

8. What type of turn is skated on steps # 10 and # 11?

9. What dance positions are used for this dance and when do they change?

10. What type of sequence is skated on steps # 3, # 4, and # 5?

11. What optional pattern may be used?

12. What would you consider to be the major judging points for this dance?

13. What additional items would you consider to be minor faults in this dance?

14. Draw the 32 Beat Pattern of this dance showing the steps, step numbers, and musical beats.
1. What type of pattern is used for this dance?

2. What type of introductory steps may be used for this dance?

3. This dance is skated to a ___________ march at ___________ beats.

4. What steps of this dance should be skated on the ends of the rink?

5. Where does this dance begin after the opening?

6. In tests how many times will the skater skate the dance?

7. Explain the position of the partners in relationship to each other and the tracings around the corner of this dance.

8. Will the position explained in # 7 be different from that used in the American Style 14 Step? Explain.

9. Do the man and lady have cross steps in this dance? If so give the step numbers and the type of cross steps they are skating.

10. List the common problems seen in judging this dance. Explain

11. Explain, in detail, what is meant by cross tracings and is it seen in this dance?

12. What type of turn does the lady skate on step # 12 and # 13? Where is the foot placed during this turn?

13. What is the aim for steps # 3 and # 4?

14. During step # 14 where should the man’s foot be in relation to the lady’s foot?

15. Diagram this dance showing the man and lady’s steps, step numbers, and musical beats.
RSA TRAINING GUIDE
# 2 INTERNATIONAL TEAM & SOLO DANCE COMMISSION
INTL 2D-S-2
R-9-13

SESSION 2

TOPICS TO BE COVERED:
A. Review of quiz.
B. Oral term review (Let candidates draw terms and take turns giving an explanation of the term in their own words):
C. Discuss judging criteria for International Dance Skating and the basic differences between American and International dance skating
   1. International Progressive runs
   2. Execution of turns
   3. Position of team’s feet in closed waltz position
   4. Pattern lay out
D. Discuss judging points for the Fiesta Tango
E. Discuss the judging points for the International 14 Step (CIPA JR WC)
F. Review how to diagram dances and discuss diagramming turn dances
G. Practice drawing dances
H. Distribute study guides for Ten Fox and 14 Step Plus

ASSIGNMENT FOR NEXT MEETING
1. Study terms:
2. Practice drawing the 14 Step Plus
3. In the “RSA Achievement Test” book read Pages 2-6 (through section on dance tests)
4. In the USA-RS Diagram & Dance book, review the sections discussing judging criteria for International Dance
5. Review Integer Scoring System
6. Study the Ten Fox and the 14 step Plus

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<th>MEANING</th>
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<th>FAULT</th>
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<tbody>
<tr>
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<td>20-29</td>
<td>BADLY SKATED</td>
<td>CANNOT SKATE AT ALL</td>
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<td>STARTED DANCE CORRECTLY BUT</td>
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<td></td>
<td></td>
<td>EITHER DIDN’T COMPLETE OR DID</td>
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<td>WRONG DANCE</td>
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<tr>
<td>0-9</td>
<td>NOT SKATED</td>
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</tr>
</tbody>
</table>
1. This dance is skated to ______________music at ________ beats per minute. The pattern should be ______________.

2. What holds should be used in this dance?

3. What type of turn does the lady skate on steps # 4A and # 4B?

4. When should the change of edge occur on step # 4 for the man?

5. Describe the dance positions (when & how) they change during steps # 1 through # 5.

6. What type of 3’s are skated by the man on step # 8A and the lady on step # 9? What makes them this type of turns?

7. How should steps # 14 through # 19 be skated?

8. Which steps in this dance are open mohawks?

9. Step # 18 for the man is a ________________.

10. How should the lady’s step 8 be skated?

11. What position should the partners be in for step # 19?

12. What are the major faults you might find in judging this dance?

13. What are the common minor faults you often find during the skating of this dance?

14. Diagram this dance showing the man and lady’s steps, step numbers, and beats of music,
1. What is the tempo and music for this dance?

2. What type of steps are steps # 1, # 2, # 3 and # 14, # 15, and # 16? How should they be skated?

3. On step # 4 ROF Swing, how should the leg be swung?

4. Steps # 8 and # 9 are what type of turn and how should it be executed?

5. Explain how step # 13 is executed and what is the timing of this step?

6. How should step # 17 LOB Swing be skated?

7. Steps # 25 and # 26 are what type of turn and how should they be executed?

8. Which step should be at the center end of the rink?

9. Are the barrier lobes the same size in this dance?

10. What step should be at the top of the center lobe?

11. How many steps are in this dance?

12. Practice diagramming this dance showing the steps, step numbers, and musical beats.
TOPICS TO BE COVERED:

A. Review terms and dance holds

B. Review meaning of scores

C. Discuss judging points of the 14 Step Plus. If possible show the DVD Demo of the dance.

D. Discuss judging points for the Ten Fox

E. Plan mock judging sessions. The sessions should be an actual test center or demonstration. Just using tapes will not train the judge’s eyes. Tapes make it difficult to see lobing, quality of edge, etc. It may be necessary to add extra sessions for the mock judging.

F. Distribute study guides for Flirtation Waltz and the Rotation Foxtrot

G. Quiz

ASSIGNMENT FOR NEXT MEETING

1. Review terms, dance holds and Integer Scoring System

2. Study the requirements for the 7th and 8th International Team and Solo Dance Tests

3. Study the International Flirtation Waltz (CIPA JR WC) and Rotation Foxtrot

4. Practice drawing the dances covered by this commission

5. Bring to class a diagram of the Rotation Foxtrot
1. Define the following International Dance Terms:
   a) Closed Choctaw
   b) Introductory Steps
   c) Non-Concentric Rotation
   d) Slip Step

2. What do each of the following scores stand for?
   a) 78
   b) 56
   c) 86
   d) 39
   e) 64
   f) 45

3. What common errors would you observe during the skating of the Ten Fox? (List at least 8)

4. What position should the partners be in for step # 19 of the Ten Fox?

5. What common errors will you observe in the 14 Step Plus. (List at least 6)

6. In the International 14 Step, all forward to backward Mohawks are placed to the __________, all backward to forward Mohawks should be __________from behind the employed __________.

7. Explain the execution of step 13 in the 14 Step Plus.
1. This dance is a __________ patterned dance skated to ______ music at ______ tempo.

2. Give the holds for this dance and where the hold changes during the skating of the dance.

3. Is the pattern the same for the American and International dances? Explain the differences.

4. Where does this dance start and what is the correct aim for the first step?

5. Describe how the Mohawks should be executed in this dance and where the partners are in relation to each other.

6. Give an explanation of the execution for step # 9 LFOI-six beat.

7. Describe in detail how step # 17 is executed for both the man and lady.

8. Give the proper method of execution for step # 19 for the man and lady.

9. How should the free legs be moved on step # 18?

10. List 10 common faults found during the skating of the Flirtation Waltz. Mark if they are major or minor faults.

11. Practice drawing this dance showing both the man and lady’s steps, step numbers, and musical beats.
RSA TRAINING GUIDE

ROTATION FOXTROT

INTL DAN 17
R- 9-13

1. This dance is skated to ___________ music at ___________ metronome.

2. Which steps constitute the ”A” Edges of this dance? The “B” Edges?

3. Which partner starts to skate the “A Edges first?

4. In relation to the dance pattern where does this dance start?

5. How many steps in this dance are swings? Give the step numbers.

6. How are steps # 5 and # 6 to be skated? What type of turn is this?

7. Define a open international Mohawk turn. What turns in this dance are open Mohawks?

8. Is a slight rock back acceptable on steps # 2 and # 17?

9. What are the opening steps for this dance and what dance position will the partners be in at the end of the opening?

10. What are some of the common problems observed in the skating of the Rotation Foxtrot?

11. Where is step # 12 aimed?

12. During steps # 4 and # 23 the free leg reaches the extended position and back on what count of music?

13. Steps # 4, # 19, and # 25 are aimed toward the _________________.

14. Which steps in this dance make up a progressive sequence?

15. How should step # 7 be executed?

16. Practice drawing this dance showing all steps, step numbers, and musical beats.
RSA TRAINING GUIDE
# 2 INTERNATIONAL TEAM & SOLO DANCE COMMISSION
INTL 2D-S-4
R-9-13

SESSION 4

TOPICS TO BE COVERED:

A. Review quiz from last session
B. Check Rotation Foxtrot diagrams
C. Discuss judging points for the Flirtation Waltz (CIPA JR WC).
D. Review International Dance terms
E. Discuss requirements for the 7th and 8th International Team and Solo Dance Tests.
F. Discuss judging points for the Rotation Foxtrot
G. Distribute study sheets for the Karen Lee Tango, Keats Foxtrot, and the Kleiner Waltz.
H. Quiz

ASSIGNMENT FOR NEXT MEETING

1. Be sure you know the steps to the remainder of the dances covered by this commission
2. Study the requirements for the 9th International Team and Solo Dance Tests
3. Study the Karen Lee Tango, Keats Foxtrot (CIPA JR WC) and Kleiner Waltz
4. Practice drawing the dances covered by this commission
5. Work on your dance diagrams
RSA TRAINING GUIDE
# 2 INTERNATIONAL TEAM & SOLO DANCE COMMISSION

NAME ________________________________

1. Complete the information below:

<table>
<thead>
<tr>
<th>Music</th>
<th>Tempo</th>
<th>Holds</th>
<th>Start into Step</th>
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<tbody>
<tr>
<td>Ten Fox</td>
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<tr>
<td>Fiesta Tango</td>
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<tr>
<td>Flirtation Waltz</td>
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<tr>
<td>CIPA JR WC</td>
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<tr>
<td>Rotation Foxtrot</td>
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<tr>
<td>14 Step Plus</td>
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2. Is there a break in hand contact during the Flirtation Waltz? If so, explain.

3. Describe the execution of steps # 17 for both partners in the Flirtation Waltz (CIPA JR WC)

4. Explain how step # 9 of the Flirtation Waltz should be executed.

5. How many swings are skated in the Rotation Fox Trot? ______ List the steps with swings.

6. What do you consider the primary points to look for in the Rotation Fox Trot.

7. Explain the proper execution of steps # 5 and # 6 in the Rotation Fox Trot.
RSA TRAINING GUIDE

KAREN LEE TANGO

1. Is this dance skated across the midline of the rink?

2. What type of music is this dance skated to? The metronome is?

3. The dance is skated in __________ position with ______________hold and in ______________position.

4. Where does this dance start after the opening steps in relation to the dance pattern?

5. Which steps in this dance are progressive runs?

6. How are steps # 4 and # 6 executed?

7. Should the toes touch the floor on the toe points? If so how?

8. What type of turn do the skaters execute on steps # 5 and # 5? Do the partners change position on these steps? Explain.

9. What are some of the common faults seen while executing steps # 8 and # 9?

10. On what beat of the step does the toe point occur on step # 11?

11. The skaters are doing what type of turn on steps # 12 and # 13?

12. Explain how steps # 14, # 15, and # 15 should be skated to give the proper flow to this dance.

13. Where is step # 18 aimed and on what beat of the step does the toe point occur?

14. During step # 16 which skater takes the lead?

15. Are there any cross steps during this dance? If so give the edges, step # numbers, and musical beats.

16. Diagram this dance showing the man and lady’s steps, step numbers, and musical beats.
1. This dance is skated to what music and tempo?

2. What is meant by optional pattern for this dance?

3. What type of sequence are steps # 1, # 2, and # 3?

4. What does the lady have to do with her step # 4 to correspond with the man’s step # 4B?

5. Are there any cross roll steps in this dance? If so give the steps, step numbers, and timing.

6. What movement of the free legs would you expect to see on step # 12?

7. Describe in detail the dance positions used in this dance and where they change.

8. What partner relationship is there on steps # 11 and # 12?

9. Steps # 6, # 7, and # 8 are what type of sequence in this dance?

10. Where should step # 13 be placed in relation to the skating foot?

11. Where are steps # 11, # 12, and # 13 aimed for the lady? Steps # 11A, # 11B, # 12, and # 13 for the man?

12. Diagram the 2 patterns shown for this dance showing the man and lady’s steps, step numbers, and musical beats.
1. What tempo and type of music is used for this dance?

2. What is the dance position used when this dance is skated by a team?

3. The step at the center end of the rink should be step # ________.

4. Which steps should you pay attention to the edge quality and why?

5. There are two steps that you should watch to see the edge is held throughout the length of the step? Name the steps.

6. Are there any 3 turns in this dance? If so who skates the 3 turns?

7. How many swings are in this dance? Lists the step #’s.

8. How important are the raised chasse steps in this dance?

9. List the major and minor faults that are common in this dance. (At least 10)

10. Practice diagramming this dance showing the man and lady’s steps, beats, and step numbers.
RSA TRAINING GUIDE
# 2 INTERNATIONAL TEAM & SOLO DANCE COMMISSION
INTL 2D-S-5
R-9-13

SESSION 5

TOPICS TO BE COVERED:

A. Review quiz from last session
B. Discuss judging points for the Karen Lee Tango
C. Discuss judging points for the Keats Foxtrot (CIPA JR WC).
D. Discuss judging points for Kleiner Waltz. If possible, show a Demo DVD.
E. Review International Dance terms and Integer Scoring system
F. Discuss the requirements for the 9th International Team and Solo Dance Test
G. Distribute study sheets for the Dench Blues, Willow Waltz, Kant Tango
H. Quiz

ASSIGNMENT FOR NEXT MEETING

1. Start reviewing dances for the Panel Final Exam
2. Study the Dench Blues (CIPA JR WC), Willow Waltz, and the Kent Tango
3. Practice diagramming dances – Bring a copy of your diagram for the Willow Waltz
4. Review Achievement Test rules and regulations
1. In several of the International Dances covered by this commission, steps may be deleted to form a smaller version of the dance. List below the steps that would be deleted and how many total beats would be skated in the smaller version of the dance.
   a) Karen Lee Tango
   b) Rotation Foxtrot
   c) Style “B” Waltz
   d) Fiesta Tango

2. For each of the International Team and Solo Dance tests listed, give the dances in order of skating, the minimum score and the passing score.

<table>
<thead>
<tr>
<th>7th International Team and Solo Dance Test</th>
<th>8th International Team and Solo Dance Test</th>
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3. In the Karen Lee Tango, explain the execution of step # 7 LOIB.

4. In the International Keats Foxtrot, what do you consider the portion of the dance that is the most difficult for the skaters. What problems appear in this portion?

5. List 6 of the common errors found in the Kleiner Waltz.
1. What holds are used for this dance?

2. What is the tempo and music for this dance?

3. Are there any rules governing the opening steps for this dance?

4. Step # 7 is a _____________________________ for both the man and lady.

5. Explain the execution of steps # 12 and # 13. What type of turn is this?

6. What are the primary differences between the American and International Dench Blues?

7. What common faults are found on steps # 9, # 10, and # 11?

8. Steps # 1 and # 2 for the man form what type of sequence?

9. Steps # 14, # 15, # 16A, 16B, and # 17 in the International Dench Blues should be skated in what manner and what do they form?

10. What type of turn is skated on steps # 12 # and # 13 of this dance?

11. What are the primary points for proper execution of this dance?

12. Diagram this dance using the common pattern. Show all steps, step numbers, and musical beats.
1. What dance position is used during this dance?

2. This dance is skated at _____ beats per minute to _______ music. The pattern is ____________.

3. Steps # 5 and # 6 for the man and steps # 18 and # 19 for the lady comprise what type of turn?

4. Is an optional free leg move permitted in this dance? Explain.

5. Where does this dance start in relation to the step # and the dance pattern?

6. How many steps in this dance are raised chasse steps?

7. What type of turn does the man skate on step # 17 to step # 18? What should the lady be doing at this time?

8. What is a dropped 3 turn? Are there any in this dance? If so which steps?

9. How many beats are skated in the dance in the regular pattern? In the optional pattern?

10. List the edges and beats for each partner that would be deleted for the shortened optional version.

11. What do you consider the problems that would appear in this dance when skated by a poorly prepared skater?

12. Practice drawing this dance showing both the man and lady’s steps, step numbers, and musical beats.
1. The Kent Tango is skated to what type of music? What is the tempo and the Axis?

2. What step should be on the long axis and what step should be at the top of the center lobe?

3. What is the free is the timing of the free leg movement on steps #4 and #8?

4. What type of turn is executed on steps #9 and #10?

5. Step #12 RIF swing, is how many beats_________? On what beat is the free leg swung forward?

6. This dance should be skated with what type of interpretation? Will this make a difference in your score?

7. Where does step #13 begin and end?

8. How should steps #12, #14, and #14 be skated?

9. Where should steps #9 and #10 be aimed?

10. What common faults will you often see when this dance is skated. (at least 8)

11. Diagram this dance showing the steps, step numbers, and musical beats
RSA TRAINING GUIDE
# 2 INTERNATIONAL TEAM & SOLO DANCE COMMISSION
INTL 2D-S-6
R-9-13

SESSION 6

TOPICS TO BE COVERED:

A. Review quiz and diagram of Kent Tango

B. Review test regulations and judge’s responsibilities at test centers

C. Discuss duties of the referee at test centers

D. Discuss judge’s proper dress, conduct and confidentiality

E. Discuss judging points for the Dench Blues (CIPA JR WC)

F. Discuss judging points for the Willow Waltz

G. Discuss the Kent Tango. If possible show a DVD of the dance.

H. Quiz

ASSIGNMENT FOR NEXT MEETING

1. Start reviewing material for the final exam

2. Review general information about tests

3. Practice dance diagrams and bring a diagram of the Ten Fox and Karen Lee Tango
1. In the Kent Tango, explain the type of turn on steps # 9 and # 19.

2. What is the pattern shape of the barrier lobes in the Ken Tango?

3. What is the difference between the Dench Blues on the American Dance Test and the Dench Blues on the International Dance Test?

4. Step # 8 in the Willow Waltz is what type of turn?

5. What steps are in the barrier center lobe of the Willow Waltz?

6. What problems occur in the pattern of the Willow Waltz?

7. In the Kleiner Waltz when skated as a team, on step # 12 at the end of the rink, the man skates a ___________ turn, while the lady ________________ the man’s turn in on the ___________ beat.

8. Explain the difference between the American Flirtation and the International Flirtation.
RSA TRAINING GUIDE
# 2 INTERNATIONAL TEAM & SOLO DANCE COMMISSION
INTL 2D-S-7
R-9-13

SESSION 7

TOPICS TO BE COVERED:

A. Review quiz and diagrams of Ten Fox & Karen Lee Tango

B. Give step drill and review and grade in class

C. General question and answer period

D. Next session will be the panel final exam. This is a Closed Book Exam. The panel trainer will grade and return the exam to the candidates. If the candidate’s class work, mock judging and exams indicate they are ready to take the RSA exam, applications will be given out. A fee may be required to take the exam. The # 2 Team & Solo Dance commission will be sent from the RSA Office. This exam is a Closed Book Exam with two test supervisors present. You will have 30 days to take the exam and return it to the RSA National Office to be graded.

ASSIGNMENT FOR NEXT MEETING

1. Study all material covered and be prepared to answer questions about:
   1) Dance Terms
   2) International Team and Solo Dance Tests covered by this commission
   3) General questions about International Dance skating
   4) Be able to diagram all dances covered by this commission

2. Bring dates you passed your International Team and Solo Dance tests

3. Next session will be the panel final
STEP REVIEW OF DANCES – LIST THE STEP EDGE AND NUMBER OF BEATS THAT YOU WOULD SKATE ON A SOLO DANCE TEST (LADY – THE LADY’S STEPS; MEN – THE MAN’S STEPS)

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<th>Step #</th>
<th>Kleiner Waltz</th>
<th>Rotation Foxtrot</th>
<th>Ten Fox</th>
<th>Flirtation Waltz</th>
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<th>Keats Foxtrot</th>
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